

"Working together to make a positive difference for every child!"

Year 1 – Key Vocabulary

Invasion	Gymnastics	Dance	Net and Wall	Striking and Fielding	Athletics	OAA
target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track, sprinting, balancing, momentum, forwards, backwards	Straight, barrel, tuck, pike, straddle, sequence	Swaying, floating, gust, swirling, galloping	accurate, continuously, target, opponent	striking, fielding, target, opponent, batter, bowler	speed, power, strength, accuracy	teamwork, communication, planning, decision

Year 2 – Key Vocabulary

Invasion	Gymnastics	Dance	Net and Wall	Striking and Fielding	Athletics	OAA
target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track, sprinting, balancing, momentum, forwards, backwards, agility, determination, stability, flexibility, marking, tracking, space	Straight, barrel, tuck, pike, straddle, sequence	Swaying, floating, gust, swirling, galloping, expression, pathway, direction, perform, dynamics	accurate, continuously, target, opponent, tactics	striking, fielding, target, opponent, batter, bowler	speed, power, strength, accuracy	teamwork, communication, planning, decision, resilience, collaboration

Year 3 – Key Vocabulary

Invasion	Gymnastics	Dance	Net and Wall	Striking and Fielding	Athletics	OAA
target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track, sprinting, balancing, momentum, forwards, backwards, agility, determination, stability, flexibility, marking, tracking, space, defend, tracking, consecutive,	Straight, barrel, tuck, pike, straddle, sequence, extension, body tension, rotation, momentum	Swaying, floating, gust, swirling, galloping, expression, pathway, direction, perform, dynamics, stimulus, formations, cannon, unison, shape, relationships	accurate, continuously, target, opponent, tactics, consecutive, forehand, backhand, outwit	striking, fielding, target, opponent, batter, bowler, batters, fielders, tracking, bowling, consecutive	speed, power, strength, accuracy, vertical, progressive	teamwork, communication, planning, decision, resilience, collaboration, obstacle, reflect, navigate



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travelling, protective, reverse						
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Year 4 – Key Vocabulary

Invasion	Gymnastics	Dance	Net and Wall	Striking and Fielding	Athletics	OAA
target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track, sprinting, balancing, momentum, forwards, backwards, agility, determination, stability, flexibility, marking, tracking, space, defend, tracking, consecutive, travelling, protective, reverse, rotation	Straight, barrel, tuck, pike, straddle, sequence, extension, body tension, rotation, momentum, inversion, pathways	Swaying, floating, gust, swirling, galloping, expression, pathway, direction, perform, dynamics, stimulus, formations, cannon, unison, shape, relationships, expansion, contraction	accurate, continuously, target, opponent, tactics, consecutive, forehand, backhand, outwit, serve, volley, return	striking, fielding, target, opponent, batter, bowler, batters, fielders, tracking, bowling, consecutive	speed, power, strength, accuracy, vertical, progressive	teamwork, communication, planning, decision, resilience, collaboration, obstacle, reflect, navigate, orienteering

Year 5 – Key Vocabulary

Invasion	Gymnastics	Dance	Net and Wall	Striking and Fielding	Athletics	OAA
target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track, sprinting, balancing, momentum, forwards, backwards, agility, determination, stability, flexibility, marking, tracking, space, press, defend, hold, maintain, conceding, switch, retreat, consecutive, travelling, protective, crossover, technique, slalom, reverse, formation	Straight, barrel, tuck, pike, straddle, sequence, extension, body tension, rotation, momentum, inversion, pathways, symmetrical, asymmetrical, aesthetics, synchronisation	Swaying, floating, gust, swirling, galloping, expression, pathway, direction, perform, dynamics, stimulus, formations, cannon, unison, shape, relationships, expansion, contraction, phrase	accurate, continuously, target, opponent, tactics, consecutive, forehand, backhand, outwit, serve, volley, return, technique, accuracy	striking, fielding, target, opponent, batter, bowler, batters, fielders, tracking, bowling, continuous, pace	speed, power, strength, accuracy, vertical, progressive, consistent, down sweep, upsweep, bounding, momentum	teamwork, communication, planning, decision, resilience, collaboration, obstacle, reflect, navigate, orienteering, bearing

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Year 6 – Key Vocabulary

Invasion	Gymnastics	Dance	Net and Wall	Striking and Fielding	Athletics	OAA
target, dribbling, receive, opponent dodging, defence, attack, possession, interception, track, sprinting, balancing, momentum, forwards, backwards, agility, determination, stability, flexibility, marking, tracking, space, press, defend, hold, maintain, conceding, switch, retreat, consecutive, travelling, protective, crossover, technique, slalom, reverse, formation, pivot, patterns of play	Straight, barrel, tuck, pike, straddle, sequence, extension, body tension, rotation, momentum, inversion, pathways, symmetrical, asymmetrical, aesthetics, synchronisation, counter balance, counter tension	Swaying, floating, gust, swirling, galloping, expression, pathway, direction, perform, dynamics, stimulus, formations, cannon, unison, shape, relationships, expansion, contraction, phrase, choreograph, contrasting	accurate, continuously, target, opponent, tactics, consecutive, forehand, backhand, outwit, serve, volley, return, technique, accuracy	striking, fielding, target, opponent, batter, bowler, batters, fielders, tracking, bowling, continuous, spin, pace, seam, drive, defence	speed, power, strength, accuracy, vertical, progressive, consistent, down sweep, upsweep, bounding, momentum	teamwork, communication, planning, decision, resilience, collaboration, obstacle, reflect, navigate, orienteering, bearing, checkpoint, contour