

**Week 1, W/C:**  
 24<sup>th</sup> Feb, 16<sup>th</sup> Mar, 20<sup>th</sup> Apr, 11<sup>th</sup>  
 May, 1<sup>st</sup> Jun, 22<sup>nd</sup> Jun, 13<sup>th</sup> July

# LUNCHTIME MENU | WEEK 1

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Street Food	Great British	Carvery	Continental	Favourites
Option 1:	Wholemeal Pizza Slice (2, 7) <b>V</b> served with Baked Beans & Seasonal Wedges (2)	Bangers <sup>(Chicken Sausages)</sup> & Mash (2, 14) served with Mashed Potato, Garden Peas & Gravy <b>V GF</b>	Traditional Roast Beef with Yorkshire Pudding (2, 4, 7) served with fresh Seasonal Vegetables & Gravy <b>V GF</b>	Chicken Korma (7) <b>GF</b> served with brown/white Rice & a plain Naan bread (2, 7)	Battered Cod Bites (2, 4, 7) or Fishless Fingers (2) <b>VG</b> served with Chips & Baked Beans or Mushy Peas
Option 2:	Wholemeal Pasta Bolognese (minced Chicken) (2) served with Green Beans & Garlic Bread (2)	Linda McCartney Sausages <b>VG</b> (2, 13, 14) served with Mashed Potato, Garden Peas & Gravy <b>V GF</b>	Wholemeal Tomato & Basil Pasta (2) <b>V</b> served with fresh Seasonal Vegetables	Omelette (4, 7) served with assorted hot/cold fillings, fresh Seasonal Vegetables & Potato Croquettes (2)	Chicken Goujons <b>GF</b> served with Chips & Baked Beans or Mushy Peas
Option 3:	Baked Potato (served with assorted hot/cold fillings) Sandwiches, Wraps, etc. (freshly prepared daily)	Baked Potato (served with assorted hot/cold fillings) Sandwiches, Wraps, etc. (freshly prepared daily)	Baked Potato (served with assorted hot/cold fillings) Sandwiches, Wraps, etc. (freshly prepared daily)	Baked Potato (served with assorted hot/cold fillings) Sandwiches, Wraps, etc. (freshly prepared daily)	Baked Potato (served with assorted hot/cold fillings) Sandwiches, Wraps, etc. (freshly prepared daily)
Salad Bar:	Cucumber, Tomato, Peppers, Lettuce, Coleslaw, cooked Meats and fresh Cheeses, etc.	Cucumber, Tomato, Peppers, Lettuce, Coleslaw, cooked Meats and fresh Cheeses, etc.	Cucumber, Tomato, Peppers, Lettuce, Coleslaw, cooked Meats and fresh Cheeses, etc.	Cucumber, Tomato, Peppers, Lettuce, Coleslaw, cooked Meats and fresh Cheeses, etc.	Cucumber, Tomato, Peppers, Lettuce, Coleslaw, cooked Meats and fresh Cheeses, etc.
Bread:	Not available	Freshly baked bread (2, 4, 7)	Freshly baked bread (2, 4, 7)	Freshly baked bread (2, 4, 7)	Sliced 50/50 bread (2, 13)
Desserts	Sultana Flapjack (14) (served with Custard (7)) *assorted mini cakes available Cheese & Biscuits (2, 7) Fruit Fresh <b>♥</b> Yoghurt (7) or Jelly Pots <b>V</b>	Chocolate Sponge (2, 4, 7) (served with Custard (7)) *assorted mini cakes available Cheese & Biscuits (2, 7) Fruit Fresh <b>♥</b> Yoghurt (7) or Jelly Pots <b>V</b>	Strawberry Delight (7) *assorted mini cakes available Cheese & Biscuits (2, 7) Fruit Fresh <b>♥</b> Yoghurt (7) or Jelly Pots <b>V</b>	Chocolate Crunch (2, 4, 7) (served with Custard (7)) *assorted mini cakes available Cheese & Biscuits (2, 7) Fruit Fresh <b>♥</b> Yoghurt (7) or Jelly Pots <b>V</b>	Ice Cream (7) *assorted mini cakes available Cheese & Biscuits (2, 7) Fruit Fresh <b>♥</b> Yoghurt (7) or Jelly Pots <b>V</b>

The Food Information Regulation 2014 - Provision of Allergen Information

The Constellation Trust Catering and Hospitality Services can provide additional support and guidance with regards to food intolerances, allergies, medical, cultural and ethical diets. Please discuss with a member of the catering team for more information.

**V** - Suitable for Vegetarians **VG** - Suitable for Vegans **GF** - Gluten Free **♥** - Healthier Option



Celery (1)



Gluten (2)



Crustaceans (3)



Eggs (4)



Fish (5)



Lupin (6)



Milk (7)



Molluscs (8)



Mustard (9)



Nuts (10)  
(Tree Nuts)



Peanuts (11)



Sesame (12)



Soya (13)



Sulphur Dioxide (14)  
(Sulphites)